

# SPEAKING OF \_\_\_\_\_

## WORK EXPERIENCE

### Speaking of PR

Since Nov 2016  
Stockholm/Sweden  
Founder and director

### White Arkitekter

Jan - Oct 2016  
Stockholm/Sweden  
Media relations manager

### Swedish Institute

Oct 2011 - Jan 2016  
Stockholm/Sweden  
Deputy head of unit, Communi-  
cations strategist, Media rela-  
tions manager

### Stockholm Science City Foundation

Aug 2010 - Oct 2011  
Stockholm/Sweden  
Acting director of marketing  
and communication

### Radio Renascenca/Revista Visao

Jun 2009 - Aug 2010  
Stockholm/Sweden  
News correspondent

### UEFA EURO 2008

Sep 2006 - Aug 2008  
Nyon/Switzerland  
Accreditation manager

### 2006 FIFA World Cup Germany

Oct 2004 - Aug 2006  
Frankfurt/Germany  
Media accreditation manager

### UEFA EURO 2004

Aug 2003 - Jul 2004  
Lisbon/Portugal  
Media accreditation manager

### TDM - Radio Macau

Mar 2002 - Mar 2003  
Macao/P.R.China  
News anchor, reporter

### Radio Televisao Portuguesa

Nov 2001 - Mar 2002  
Lisbon/Portugal  
Newsroom intern

### Radio Renascenca

Jul - Sep 2001  
Lisbon/Portugal  
Newsroom intern

## EDUCATION

### Berghs School of Communication

Nov 2014, Stockholm/Sweden  
"Fast Forward - the communi-  
cation director's most impor-  
tant tools"

### Stockholm University

Aug 2008 - Jun 2010  
Stockholm/Sweden  
Masters in Marketing and  
Management

### Coimbra University

Sep 1997 - Dec 2001  
Coimbra/Portugal  
BA in Journalism

### John Moores University

Sep - Dec 2000, Liverpool/ UK  
Exchange student: Journalism

### Complutense University

Sep 1999 - Feb 2000  
Madrid/Spain  
Exchange student: Journalism

## LANGUAGES

**English** - fluent  
**Swedish** - fluent  
**Spanish** - fluent  
**German** - advanced  
**French** - advanced  
**Portuguese** - native

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